

# **CHARUTAR VIDYAMANDAL WOMEN DEVELOPMENT CELL VALLABH VIDYANAGAR**

## **AREA OF WORK: COUNSELLING**

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### **Rational:**

Charutar Vidyamandal is the Huge Educational Trust, nurturing about fifty institutions under one umbrella. The Human resource management among all institutions revealed the fact that more than fifty percent are the female members, not only that but the students studying here also comprised of equal number of girl students. Now-a-days, the health and hygiene, socio-economic and safety related issues concerning women have increased. Therefore, the establishment of WDC- CVM by CHARutar Vidyamandal is a timely approach to help the females in all possible manners. This is a non - academic cell for all the female faculty of CVM institutions. This cell aims to accentuate various areas viz. 1.Counselling, 2.Development, 3.Gender Equality and 4. Health for holistic women empowerment.

# **Counseling** is a process of guiding a person or group facing any problem, in order to overcome difficulties and be more productive. Problems can be personal, related to occupation, study or hostel life, but effective, appropriate and timely advice can prove helpful to support student in all walks of life. Counselling also renders professional help and assistance as and when needed. Effective counselling helps in improving overall performance of students effectively and efficiently. It is a great source of releasing tension and worries while increasing enthusiasm for learning. Students can be supported in many ways through Counselling.

In order to strengthen the counselling process in CVM institutions, the workshop for faculty members, seminars or series of activities. Coordinators of Counselling cell will design and organize activities to create a better world for female staff as well as students.

### **Activities :**

- Conducting workshop for staff members on counseling skills
- Making all female staff and girl students aware about counseling cell of CVM as well as institute.
- Implementation of counseling system
- Institutional workshop/ training program

### **Major Outcomes Expected:**

- Faculty members will have true, scientific and professional learning of Counseling
- Students will have big asset of system to solve unsolved problems