

WORKSHOP REPORT

A one day workshop "know yourself" was conducted by development cell of CHARUTAR VIDYAMANDAL'S WOMEN DEVELOPMENT CELL on <u>13th August 2018</u> for working women of T.V.PATEL HIGHER SECONDARY SCHOOL, V.C. PATEL SCHOOL, I.B.PATEL PRIMARY SCHOOL, I.B.PATEL SECONDARY & HIGHER SECONDARY SCHOOL, G.J.SHARDA MANDIR, S.D.DESAI HIGH SCHOOL, RPTP SCHOOL AND HOME SCIENCE HIGHER SECONDARY SCHOOL. The program was held at H.M.PATEL CDC AUDITORIUM. The program was attended by 20 women of these eight Schools. Workshop was conducted by Dr DEEPA PATEL of development cell WDC. Focus of workshop was to make women aware about their own personality type by giving ration of their interpersonal relationship behaviour. It even focused on formation of development cell team with members of other institute. Workshop began with felicitation and thanks giving to Dr R.P.JADEJA SIR for supporting the workshop by Dr Aarti Pamnani, Convener Development cell WDC. After a small gesture workshop began with introduction of all attending members. During the session they were guided and made aware of different arena of behaviour with others like inclusion, control and affection. FIRO-B test was conducted for all the participants and were guided to check their values for the test. Test results were given with expression and wants of Inclusion, control and affection for all participants. Discussion was done for how to utilize these results for making our self-more acceptable and improvisation in interpersonal relationships. In few of the query from the participants guidance was given as how to increase our score if the score is lower in certain area. Few book related to same was also discussed with interested participants. Participants gave a very smiling and satisfying feedback for the workshop which was highly appreciated by organizers.

FEEDBACK FORM HAS FOLLOWING SUGGESTION:

- PROGRAME WAS GOOD, INFLUENCING.
- PROGRAME WAS INTERACTIVE AND INFORMATIVE; FIRO-B TEST WAS REALLY GOOD TO KNOW.
- PROGRAME WAS INOVATIVE AND GOOD TO LISTEN.
- OVERALL GOOD PROGRAME TO BOOST SKILLS.
- PROGRAME WAS NICE, USEFUL, HELPFULL, NEED MORE FOCUS ON ANALYSIS.
- GOOD WORK DONE, EXCELLENT PROGRAME, SATIFIED WITH PROGRAME.
- TRY TO ARRANGE SUCH PROGRAMME AFTER 1 PM, ALLOW US TO ATTAIN US SUCH PROGRAMES EVEN AFTER RETIREMENT FROM THE PRESENT JOB.



FEEDBACK FORM ANALYSIS INDICATES:

Content wise 100% participants found it interesting, clarity in content and found session as well as speaker satisfied. For structure of program participant gave their view as follows:

- ✓ Arrangement of the program was ranked as good by 52.63%, very good by 26.31% and excellent by 21.05% of participants
- ✓ Usefulness of session was given as good 42.10 %, very good 21.05% and excellent as 36.84 % of participants
- ✓ Expectation of participant was fulfilled as 52.63 % as good, 21.05% as very good and 26.31% as excellent
- ✓ 100% participants reported as program was able to boot their skill and were highly satisfied with the program



THANKS TO Dr R.P.JADEJA DIRECTOR H.M.PATEL CDC AUDITORIUM.





Participants Discussing with key speaker Dr. DEEPA PATEL

